EXTRAVAGANT YAK
TRAVEL COMPANY



*Student Trip Series*

# Chengdu: Bamboo & SDG 15

## 5 days

## Who We Are

At Extravagant Yak, we believe that transformational student experiences demand an element of challenge. Whether students are connecting with locals or persisting with a hands-on bamboo project, our aim is to partner with schools in growing resilient learners.



We believe student travel should facilitate experiences that change lives.

## In Partnership with AbuSolutely

Together with our sister-company AbuSolutely, we create hands-on learning experiences using bamboo. Materials science, design and art connect this sustainable resource with practical making and personal creative expression.

AbuSolutely®

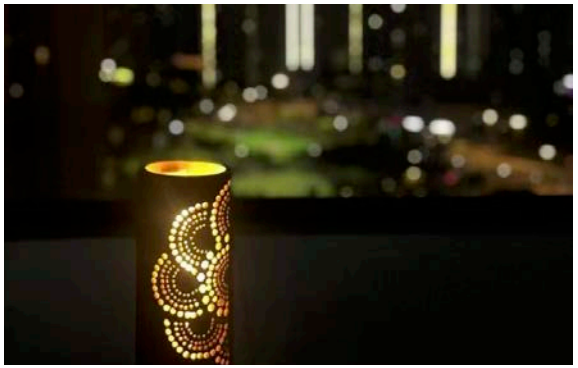
Hands-on student learning in partnership with AbuSolutely.

## Program Overview

Chengdu: Bamboo & SDG 15 is a five-day, hands-on student learning programme for school groups of 20-100 students. It combines design, craft, culture and nature in a low-altitude urban and rural setting.
Students explore bamboo through materials science, personalised bookmarks, bamboo-fibre T-shirt printing, “Bamboo & Ink” art, birdhouses, weaving, and bamboo lanterns.

**Program Highlight:** All student hand-made projects will be taken home as souvenirs, including a beautiful personalized bamboo lantern - a work of art that suits any indoor environment.





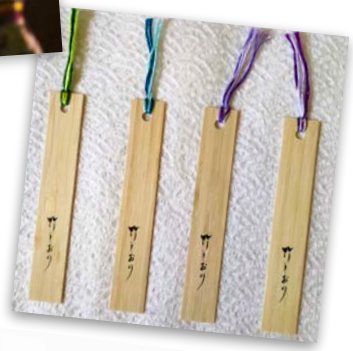


## Student Learning

The programme connects wildlife and bamboo landscapes with sustainable land use, rural livelihoods and hands-on creative projects. Group rotations support deeper hands-on learning, cultural discovery and teamwork.



Sichuan Opera in Chengdu



Making bamboo bookmarks




Bamboo-fibre T-shirt printing

# Trip Itinerary

## Day 1. Arrive in Chengdu

**MORNING** | Flight arrival and lunch in the city.

**AFTERNOON** | Meet Abu: learn about the origins and social motivations of AbuSolutely. Orientation and hands-on sessions.

Session 1: bamboo material science at the Urban location - compare bamboo tensile strength with steel, aluminium and carbon fibre, plus personalised bamboo bookmark making.

Session 2: bamboo as a sustainable resource and bamboo-fibre T-shirt printing as a souvenir.

**EVENING** | Sichuan Opera performance (6:00-7:30 pm); 7:30 hot pot dinner and hotel check-in.

Accommodation: Kew Green Hotel, Tianfu Square

# Day 2. Chengdu

**MORNING** | Guided visit to the Giant Panda Research Base to learn about the life cycle of pandas and the fragile nutritional value of bamboo alone as a life sustaining food source.

**AFTERNOON** | Chengdu Wangjianglou Park: “bamboo sea” visit to view dozens of varieties of bamboo (the most in all of China), followed by afternoon tea and a Tai Chi session with a master.

**EVENING** | Walking tour of Chengdu's famous Chunxilu for Sichuan snacks and dinner; souvenir shopping after, followed by return to the hostel.

Accommodation: Kew Green Hotel, Tianfu Square



Bamboo as food:
Panda Research Base



Wangjianglou Park “bamboo sea”
+ Tai Chi lesson



Chengdu’s world
famous “ma la” hot pot!



Bamboo birdhouses for urban biodiversity



Bamboo lantern design & creation





Bamboo ink art: Panda design

## Day 3. Chengdu: Bamboo studios

**MORNING** | Group A: bamboo studio at the villa - bamboo lantern design and creation. Group B: hands-on crafts at Urban - Bamboo birdhouses supporting urban biodiversity or an ink art painting.

**AFTERNOON** | Lunch, then groups rotate: Group A completes the Urban craft session with bamboo birdhouses or ink art painting while Group B moves to the villa for bamboo lantern design and creation.

**EVENING** | Dinner and step into Shu Kingdom ancient history at Jinli Old Street to learn about Sichuan's rich tradition of silk brocade.

Accommodation: Kew Green Hotel, Tianfu Square



Abu - instructor and founder of AbuSolutely

## Day 4. Bamboo village / Sichuan Food Museum

**MORNING** | Bamboo village visit with learning about bamboo in construction application, further art expressions, hands-on bamboo weaving session with a local master.

**AFTERNOON** | A cooking lesson at the Sichuan Food Museum, followed by lunching on your own creation! Students then have the opportunity to complete unfinished projects from yesterday's activities at the bamboo studio.

**EVENING** | Choice of Sichuan dishes or hot pot for dinner, followed by exploring Kuanzhai Xiangzi (Wide & Narrow Alleys) near the hostel..

Accommodation: Kew Green Hotel, Tianfu Square

Learning bamboo weaving from a Master of the art!





Cooking lesson at the Sichuan Cuisine Museum







Hotel accommodation at Kew Green Hotel, Tianfu Square

## Day 5. Chengdu / Depart

**MORNING** | Packing of all hand-made products at the hostel, followed by a visit to Tianfu Square for a group photo and early lunch. Drop-off at the airport follows lunch.

# Dates & Cost

Dates: Yours to Choose 5 Days
Cost: CNY ¥_____ /person*
*School groups: 20-100 students

**Inclusive of:**

- commercially licensed buses and airport transfers
- all accommodation based on double occupancy (4 nights)
- guides and teachers for studio projects and field trips
- all meals
- activities, materials, tools and entrance fees per the itinerary
- liability insurance (details provided upon request)
- detailed daily risk assessments and risk mitigation plans

**Excludes:**

- flight tickets to/from Chengdu
- medical and trip interruption insurance
- activities not included on the trip itinerary
- souvenirs, laundry, items of a personal nature

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